Awakening Shakti Depth Mentorship Programme

Application Form

Hi there and thank you so much for your interest in the Awakening Shakti Depth Mentorship Programme.

I am super-excited about offering this Programme for the third year and diving deep into the riches of the Divine Feminine with you.

To find out a little more about you before you enrol, I’d love to ask you a few questions. It won’t take long, but will be really helpful for us both.

Once you’ve completed this form, you can email it to me at: [shakti@shaktisundari.com](mailto:shakti@shaktisundari.com).

Sound good?

OK.

1. What attracts you to the Awakening Shakti Group Programme?
2. How did you hear about it?
3. What is it you most wish to develop, heal or transform within yourself?
4. What are your strengths?
5. What are your weaknesses?
6. What do you think you might find most challenging in this course?
7. What are you most excited about?
8. Have you done any similar work until now? If so, what?
9. Are you ready to make a 9-month commitment to your personal growth and give at least 15 minute a day/2-3 hours per week to your practice?
10. Are you in a financial position to invest in the course & committed to paying on time?
11. What support network/methods do you have in place should any deep emotions get triggered?
12. Are you taking any drugs (please name)?
13. Are you seeing a counsellor/therapist?
14. Do you have any history of mental illness (please state)
15. Do you accept that you are fully responsible for your emotional, psychological and physical well-being ?
16. Do you have an existing meditation practice?
17. Do you have an existing conscious movement practice?
18. Anything else you’d like to share with me?

Thank you.

I hope this has got you both thinking and excited.

Once you’ve sent your answers to me at: [shakti@shaktisundari.com](mailto:shakti@shaktisundari.com), I’ll send you payment details and instructions on how to join the Awakening Shakti Facebook Group for this course.

Love, Shakti x